

桂格麥果條 - 香蕉椰香果仁

Quaker True Delights Granola Bar

- Toasted Coconut Banana Macadamia Nut



Serving size 1 bar (35g)

Servings Per Container 6

Amount per serving

Calories

Calories from Fat 45

140

%Daily Value*

Total Fat 5g 8%

Saturated Fat 2g 9%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 95mg 4%

Total Carbohydrate 23g 8%

Dietary Fiber 3g 12%

Sugars 8g

Protein 2g

Calcium 120 mg

Iron 3.0mg

Ingredients: Whole grain rolled oats, corn syrup, macadamia nuts, crisp rice (rice flour, sugar, barley malt, salt), dried bananas, brown sugar, oligofructose, honey, dried coconut, glycerin, sugar, sunflower oil, coconut oil, calcium carbonate (source of calcium), almonds, reduced iron, fructose, corn syrup solids, water, sweetener(E420), salt, sugar, antioxidant(E322), dextrose, flavor and flavoring, color (E150d), vanilla extract, cashews, antioxidant(E307), whey, thickener (sodium caseinate).

Contains nut, milk and soy ingredients.